



Year 11 Mocks: Week beginning 12th November 2018

Please carefully read your mock timetable below. Organisation and preparation are essential in order to be successful. Remember you are climbing the mountain to success...

	Friday 9 th	Mon 12 th	Tues 13 th	Wed 14 th	Thurs 15 th	Fri 16 th
MM						
1		Science 1 (Combined: Biology Paper 2 Triple: Biology Paper 1)	Maths 2 (Calculator)	French & Spanish (Writing)	Science 3 (Physics Paper 1)	History 2 (Germany)
2				----- Spanish (Listening)		
Break						
3		English Language	Option C Art (No exam) History (Paper 1) PE Spanish Triple Science (Bio Paper 2)	Option D Art (No exam) Computing Drama RE Spanish (Reading)	Option A Drama Geography History (Paper 1) Music	Maths 3 (Calculator)
4						
Lunch						
5	Science Combined ONLY (Biology Paper 1)	Maths 1 (Non-calculator)	Science 2 (Chemistry Paper 1)	English Literature	Option B DT French (Listening & Reading) Geography History (Paper 1) Spanish (Reading)	Catch Up session (Normal electives)
6						
Prep		Revision	Revision	Revision	Revision	

Subject	Name of paper	Length of paper	Seat number / room number
English	Literature	1hr 45min	
	Language	1hr 45min	
Maths	Paper 1: Non-Calculator	1hr 30min	
	Paper 2: Calculator	1hr 30min	
	Paper 3: Calculator	1hr 30min	
Science	Biology (Paper 1)	C: 1hr 10min T: 1hr 45min	
	Biology (Paper 2)	C: 1hr 10min T: 1hr 45min	
	Chemistry (Paper 1)	C: 1hr 10min T: 1hr 45min	
	Physics (Paper 1)	C: 1hr 10min T: 1hr 45min	
MFL Spanish / French	Listening	F: 35min H: 45min	
	Writing	F: 1hr H: 1hr 15min	
	Reading	F: 45min H: 1hr	
History	1: Anglo-Saxon & Norman England + a 16 mark medicine question	55min + 20min for a medicine question	
	2: Weimar & Nazi Germany	1hr 20min	
Geography	Physical & Human Geography	1hr 30min (combined papers)	
PE	Fitness and Body Systems	1hr 45min	
Music	Unit 3 Listening and Appraising	1hr 45min	
Drama	Component 3 – written exam	1 hr	
DT	Design Technology	1hr 45min	
Computing	Computer Systems	1hr 30min	
RE	Christianity & philosophy	1hr	



Y11 November Mocks

Student information and guidance sheet

Revision

The only way to ensure your success is to do lots and lots of revision! You should be spending about 2-3hrs a night consolidating your knowledge, checking your understanding and honing your exam technique. Use the blank half-term revision timetable to design your revision plan and then ensure you stick to it. Give yourself breaks and ensure you get lots of sleep. But also do lots of retrieval practice!

Retrieval Practice- Practice bringing information to mind without the help of materials. Recalling information without supporting materials helps us learn it much more effectively. Take as many knowledge quizzes or practice tests as you can get your hands on. You can also make flashcards to test yourself on key concepts, words or ideas

- Brain dump – write everything you know about a topic on a blank piece of paper
- Look, cover, write, check
- Test yourself using simple questions
- Write questions using your knowledge maps and then answer them the next day
- Revision cards / flash cards with questions and answers

Exam technique: It is important you know how to answer each different type of exam question. The best way to ensure you can do this is to practice answering as many exam questions as possible.

- Use your textbooks, past exam papers, and any study resources which have been provided by your teachers. You may also be able to purchase revision guides.
- Make sure you allocate time within your revision plan to answering exam questions. Remember also to do these under timed conditions.
- Feel free to bring any examples in for your teachers to give you feedback on how you can improve. Also if you are stuck or aren't sure what to do please ask you teacher for help and further guidance.

Equipment: Ensure you have all of the equipment you need for each exam. This will include the following shown below. All pencil cases must be clear, you need a scientific calculator and a full geometry set. You must write in black pen.

Exam equipment



DT

Preparing for the exams

Before the exams start:

Make sure you:

- Have a copy of your mock timetable
- Know which papers / units you will be examined on in each subject, each day
- Have all your equipment ready to bring in with you. (calculators, compass, protractor, pencils, black pens...) Make sure you have a clear pencil case
- Ensure your uniform is ready and you are smartly presented on Monday morning
- Have organised your revision resources so you can bring them in each day. You will have some time between exams and during Prep to revise. Make sure you spend your time wisely
- Spend time consolidating revision, checking your understanding through retrieval practice and honing your exam technique
- Get enough sleep and be ready for the challenge ahead...

Before every exam

Make sure you:

- Check your bag for equipment and make sure you have everything you need. Check your uniform before you leave the house
- Arrive on time – **DO NOT** be late and **DO NOT** be absent
- Know your seat number for each exam
- Use line up and registration to focus your mind and prepare yourself for the day. Don't let others distract you
- When requested follow the instructions to line up in your exam rows in the cage. You **MUST** be in the correct order, in single file and in silence
- Answer your name for the register and remain in silence
- Get out only the equipment you need for the exam (all equipment must be in a clear pencil case)
- Listen carefully to any additional instructions or information provided
- When instructed walk silently into the building and up to the 3rd floor
- Leave your bags in the changing rooms. (Ensure mobile phones are off and away in your bag- **DO NOT** bring them into the exam hall- this is an exam offense). Clear bottle of water only.
- Take a deep breath and enter the exam hall...

In the exam hall

Make sure you:

- Locate your seat in silence (your picture card will be on the table)
- Place your pencil case and equipment on the desk and check you have everything you need
- Take **ALL watches off** your wrist and place these on your desk. **NO smart watches** must enter the exam hall
- Do not attempt to communicate with or distract other candidates
- Listen carefully to instructions and notices read out by the invigilators
- Check that you have the correct paper and tier (if relevant)
- When instructed write your name and candidate details on the front
- Listen carefully to the time limit and think about how long you have for each question and the exam technique required
- When instructed turnover and start the exam paper
- **READ** the exam paper and think before you start writing. Make sure you are actually answering the question
- If you get stuck move on to the next question and come back
- Make sure you complete the whole paper and **check** you've actually made it to the end
- If you have time at the end read through and double-check your answers. Do not just sit there!!

At the end of each exam

Make sure you:

- Remain in silence (your exam may finish earlier than others)
- Check your name is on the front of the exam paper and any extra sheets are attached and named
- Follow the instructions of the invigilator. They will collect your paper
- When requested leave the exam hall in silence
- Quickly collect your belongings from the changing rooms and go to your normal lesson. Remember the rest of the school is still working hard. You must transition respectfully and in silence
- Each day you may have time to revise in lessons or during Prep. You **MUST** bring your revision materials and make the most of your time.
- We will still be running corrections and the Library will be available for anyone who wants to remain in school until 17:30. Teachers will continue to run interventions after school to support you to succeed

“Success is not final, failure is not fatal; it is the courage to continue that counts”

Looking after yourself

We understand this is a stressful and anxious time for students. It's perfectly natural to feel stressed and worried about the exams. A little bit of stress can be a good thing as it motivates us to knuckle down and work hard. But exams can make stress levels get out of hand, which can stop us from performing our best. So it's important to address it and get it back under control.

Top tips:

- Prepare well in advance. Stress tends to occur when you haven't prepared properly
- Use the revision strategies from the Science of Learning to ensure you retain the knowledge you need
- Learn to recognise when you're stressing out. A break or a chat with someone who knows the pressure you're under will get things into perspective
- Don't compare yourself to anyone else. Just do your best!
- Eat right. Treat yourself like a well honed machine - eat fresh fruit and veg and have a proper breakfasts. Fuel your brain as well as your body - no one can think straight on coffee and chocolate.
- Sleep well. Wind down before bed and don't revise under the duvet - your bed is a sanctuary, not a desk. Get your eight hours.
- Exercise. Nothing de-stresses the mind faster than physical activity, so build it into your timetable. Being a sloth makes our mind sloppy too.
- Remember this is a learning experience... all we ask is that you try your hardest and do your best