

Danger - Measles is circulating in the UK

Make sure you and your family are protected by having the MMR vaccine

Facts about measles:

- Measles is one of the most infectious diseases known. If you child is unvaccinated and comes into contact with measles there is a 90% chance they'll catch it.
- 1 in 5 children experience complications such as ear infections, pneumonia and meningitis
- 1 in 10 children who gets measles ends up in hospital
- Adults tend to be more ill and for longer if they get measles
- Measles can be fatal
- There is no treatment- the only way to prevent it is through vaccination
- MMR vaccinations are highly effective- 2 does of MMR vaccine is over 99% effective at preventing measles
- Everyone should have two doses of MMR vaccine - this is available for free from your GP.

If you have any questions, please contact your GP or Essex Partnership University Trusts (EPUT) immunisation team on 01234 310408