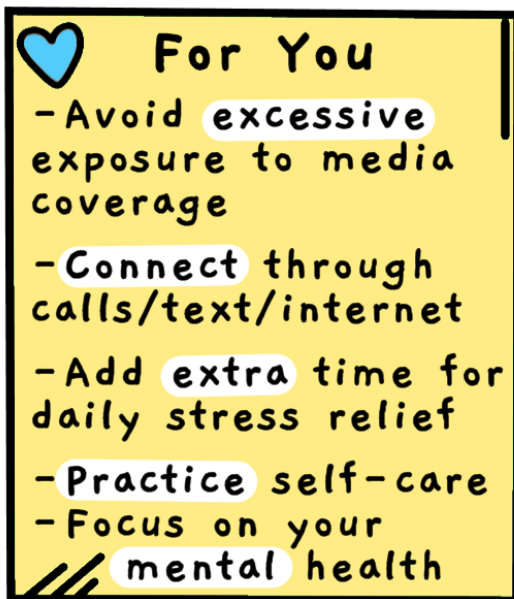# Managing Anxiety About the Corona Virus