

# COVID-19 Factsheet (For parents & carers)

## Who needs to get a test?

Anyone with coronavirus symptoms can get a test.

Coronavirus symptoms are:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

You can get a test for someone you live with if they have these symptoms. Do not get tests for people you live with who do not have these symptoms.

## When to get a test?

You must try to get a test as soon as your child is sent home from school. If you do not get a test then your child will have to self-isolate for the full 14 days.

## How can I get a test?

- **Go online:** visit this website to book a test: <https://www.gov.uk/get-coronavirus-test>
- **Phone:** if you have other problems using the online service, call: 119

## Stay at home if you have symptoms

If your child has symptoms then they and anyone they live with must self-isolate until you get the test result.

- Anyone with symptoms must self-isolate for 10 days
- Anyone in the same household must self-isolate for 14 days

## What happens when the test result comes back?

**You MUST inform the school of the test result.**  
Please email it to [covid@bedfordfreeschool.co.uk](mailto:covid@bedfordfreeschool.co.uk)

**If the test is positive, the child must remain at home for the full isolation period.** A senior member of staff will ring you to explain what happens next and how you need to help in preventing the spread of the virus.

If the test is negative, and your child feels well enough, they will be able to return to school once you have provided confirmation of a negative result.

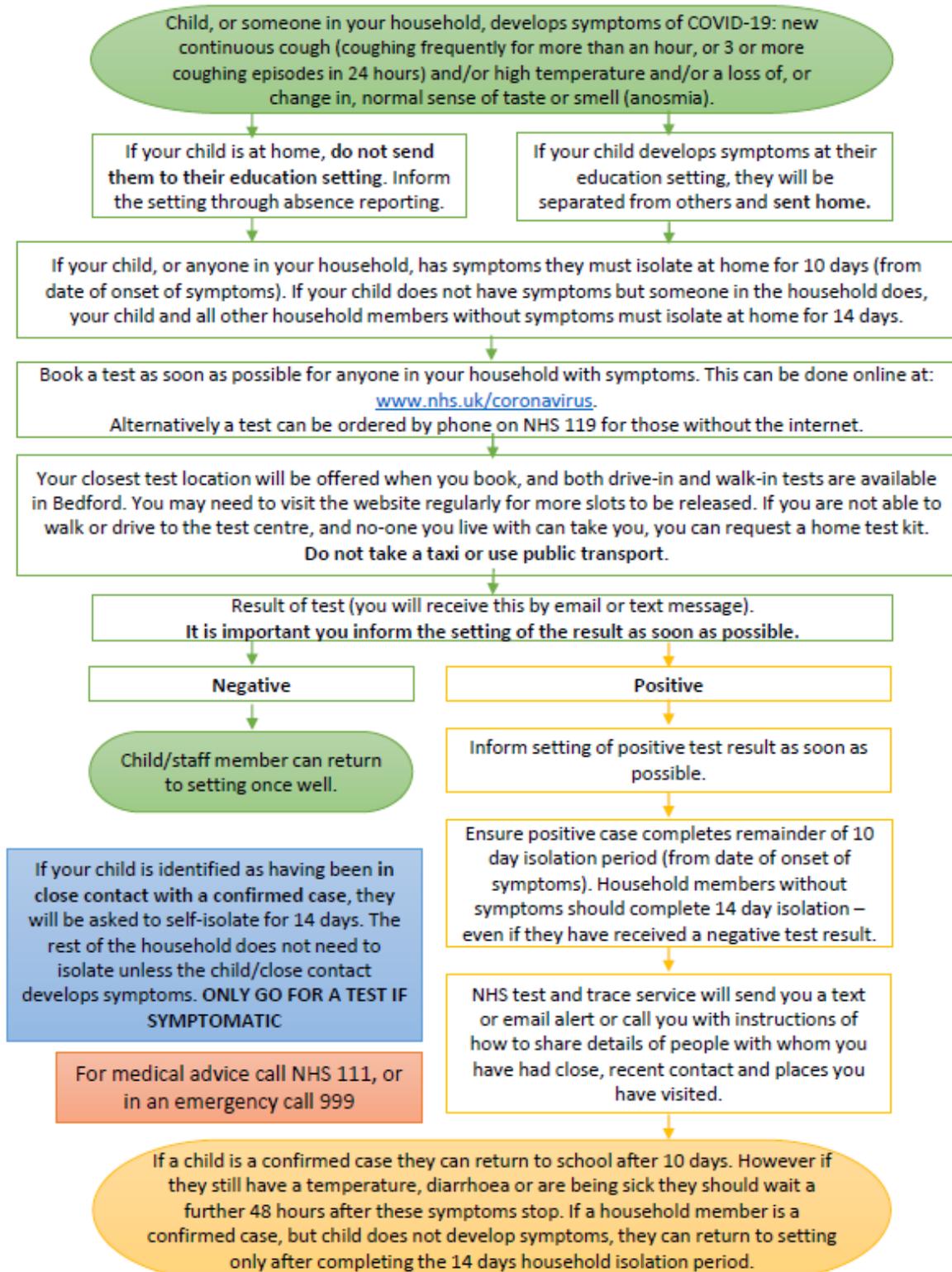
## Further advice:

If you need any help and advice or you are worried about anything please speak to the your child's Pastoral Leader:

- **Year 7: Mrs Runnegar-Clark**  
Email: [arunnegar-clark@bedfordfreeschool.co.uk](mailto:arunnegar-clark@bedfordfreeschool.co.uk)  
Phone: 01234 332275
- **Year 8 and Year 11: Mrs Costin-Webb**  
Email: [ccostin-webb@bedfordfreeschool.co.uk](mailto:ccostin-webb@bedfordfreeschool.co.uk)  
Phone: 01234 332292
- **Year 9 and Year 10: Mrs Robinson**  
Email: [lrobinson@bedfordfreeschool.co.uk](mailto:lrobinson@bedfordfreeschool.co.uk)  
Phone: 01234 332278

## Coronavirus information for Parents/Carers (Sept/October 2020)

For general advice about COVID-19 and the symptoms to look for go to: [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus)



## 1. When do I need to use Google Classroom?

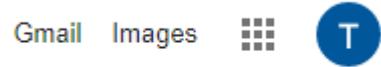
If you are absent from school because of the coronavirus you should log in to Google Classroom to take the register and see what work you need to complete.

## 2. Your Google login

To log in to google:



- 1) Go to [google.com](https://google.com) (or any other google website).
- 2) Click 'sign in' in the top-right corner. If you are already signed in to a Google account on that computer, click the initial instead.
- 3) If you are logging in for the first time, enter your username and password. If you have logged in before, select your **school** Google account.



**Username** = your school ID [number@student.bedfordfreeschool.co.uk](mailto:001234@student.bedfordfreeschool.co.uk)

e.g. [001234@student.bedfordfreeschool.co.uk](mailto:001234@student.bedfordfreeschool.co.uk)

**Password** = the password you use to log on to school computers, or whatever you have changed it to since.

**Remember – the vast majority of you were logging in to Google to complete the daily register when we were away from school!**

- 4) Whenever you are using Google for anything related to school, check that you are logged in to your **school** Google account.

If you are logged in to a personal Google account, you won't be able to access any school work or the register.

*Google has a habit of switching between accounts so if something doesn't work, check that you are logged in to the right account first!*

- 5) If you have forgotten your password ask your parent to contact Mrs Logan on 01234 332290 or email [info@bedfordfreeschool.co.uk](mailto:info@bedfordfreeschool.co.uk) to get a new one.

(Link to video:

<https://www.loom.com/share/126465e59cd34cc98510ce2e18090608>)