

CHILD & ADOLESCENT
EMOTIONAL WELLBEING
PROGRAMME

NOW AS ONLINE WEBINARS & AVAILABLE
IN BEDFORDSHIRE & LUTON

A PROGRAMME FOR PARENTS & CARERS TO GET ADVICE AND
STRATEGIES TO SUPPORT CHILDREN & YOUNG PEOPLE WITH THEIR
EMOTIONAL WELLBEING

MANAGING EMOTIONS &
SELF-ESTEEM

DAYTIME SESSION EVENING SESSION

WEDNESDAY 10TH WEDNESDAY 24TH
MARCH 2021 MARCH 2021

10.00AM - 11.30AM 6.00PM - 7.30PM

FOR FULL DETAILS CLICK ON THE FOLLOWING LINKS

[DAYTIME SESSION](#)

[EVENING SESSION](#)

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